PTEXAM
THE COMPLETE STUDY GUIDE
VIEWBOOK

PTEXAM
THE COMPLETE STUDY GUIDE
SCOTT M. GILES

COMPREHENSIVE
ACADEMIC REVIEW
HUNDREDS OF
NEW CHALLENGING
QUESTIONS
THREE ONLINE FULL-
LENGTH EXAMS
EXPLANATIONS
OF CORRECT
AND INCORRECT
ANSWERS
SOPHISTICATED
PERFORMANCE
ANALYSIS

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PTEXAM: The Complete Study Guide's academic review section is unparalleled in its breadth and depth. We don't try to teach students everything there is to know about physical therapy - only the information and strategies they will need to pass the examination.

Informative academic information assists students to review and relearn critical NPTE-PT content.

Clinical application templates guide students through the patient/client management of commonly encountered medical diagnoses.
Chapter Essentials allow students to reinforce their mastery of critical academic content.

Proficiencies provide students with an opportunity to determine their competency in a variety of academic areas.
Scorebuilders’ products are known for their creative design and innovative features. Break free from traditional encyclopedic resources and feel the power of well conceived design.

Tables, charts, graphics, and text allow students to quickly assimilate essential academic content.
PTEXAM THREE: QUESTION 160

A physical therapist treats an infant diagnosed with torticollis with marked lateral flexion of the neck to the right. As part of the infant’s plan of care the therapist performs passive stretching activities to improve the patient’s range of motion. The MOST appropriate stretch for the patient is:

1. lateral flexion to the right and rotation to the right
2. lateral flexion to the left and rotation to the left
3. lateral flexion to the right and rotation to the left
4. lateral flexion to the left and rotation to the right

Correct Answer: 4 (Palisano p. 184)

Torticollis is characterized by lateral flexion of the head toward the affected side and rotation toward the unaffected side. The condition is caused by a contracture of the sternocleidomastoid muscle.

1. Stretching in lateral flexion to the right would be inappropriate since the question indicates that the patient presents with marked lateral flexion of the neck to the right. The direction of the stretch for the rotation component is accurate.

2. Stretching in lateral flexion to the left would be beneficial, however, patients with torticollis present with rotation to the opposite side. As a result, the rotation component should be stretched to the right and not the left.

3. This option more accurately characterizes the clinical presentation of the patient than it does the necessary stretch. The question indicates that the patient presents with marked lateral flexion of the neck to the right and therefore it would not make sense to stretch to the right. The direction of stretch for the rotation component is also inaccurate.

4. Stretching the patient in lateral flexion to the left and rotation to the right is the correct answer since it is opposite of the patient’s current contracture (i.e., marked lateral flexion of the neck to the right and rotation to the left).

Correct Answer and Resource
This section provides the correct answer and the author name and page number that substantiates the correct answer. A bibliography provides complete information on each resource including the edition used.

Video Explanation
Video explanations provide candidates with the opportunity to watch videos that compare and contrast good, better, and best options for select examination questions.

General Statement
This section introduces relevant subject matter and offers related value added information.

Explanation of the Correct and Incorrect Options
The explanations offer incredibly detailed information supporting why the correct answer is correct and why each incorrect answer is incorrect. This feature is critically important to enhance decision making when choosing between good, better, and best options.

Our answer keys offer students unprecedented insight into why each correct answer is correct and each incorrect answer is incorrect.
Scorebuilders’ questions are thought-provoking, challenging questions designed to be consistent with the specifications and rigor of the NPTE-PT blueprint.

**System and Content Outline Assignment**
This section assigns a system and content outline category to each question allowing candidates to assess examination performance in unique areas.

**Test Taking Tip**
This section offers unique Test Taking Tips, when possible, to assist candidates to use deductive reasoning strategies when academic knowledge alone is not adequate to correctly answer a question.

**Level Analysis**
This feature allows candidates to analyze their examination performance according to three different levels of questions.

- **Level 1** – Questions require candidates to possess basic foundational academic knowledge.
- **Level 2** – Questions require candidates to integrate numerous pieces of information or to apply knowledge in a given clinical scenario.
- **Level 3** – Questions require candidates to systematically analyze and often interpret information to determine an appropriate course of action. The questions tend to have some degree of subjectivity and candidates are required to assign varying degrees of importance to different variables.

**Academic Focus Area**
This feature immediately directs the user to critical pieces in the academic review section related to the particular subject matter.

Additional features such as test taking tips, level analysis, and academic focus areas help students to remediate identified academic deficiencies.
Scorebuilders has made a massive investment in technology and uses this competitive advantage to provide students with the most realistic testing experience possible. Our eLearning platform Insight will amaze you in its level of sophistication. Continuous innovation and commitment to technology widens the gap between Scorebuilders and all other licensing companies.

Performance Analysis
After taking each of the examinations in Insight, candidates utilize the sophisticated performance analysis features to assess their examination performance. A brief description of some of the more prominent performance analysis features is presented.

Candidate Score
A candidate’s score reflects the number of questions answered correctly for a given examination.

Mean Score
The mean score allows candidates to compare their score to the average score of thousands of other candidates taking the same examination. The mean score accounts for the relative difficulty of the examination and is a critical piece of data for candidates when assessing examination performance.
Item Analysis
The item analysis feature allows candidates to identify the percentage of candidates answering the question correctly and the specific percentages of candidates selecting each of the four options. Candidates can utilize this information to critically evaluate their approach to answering questions and improve future decision making.

Mastery Meter
The Mastery Meter assigns candidates a level of mastery in each category based on the percentage of questions answered correctly. Candidates should strive to achieve a score of “Superior” or “Excellent” on the Mastery Meter in each category.

System and Content Outline Analyses
The system and content outline analyses offer candidates an immediate analysis of their performance in specific areas of the NPTE-PT. Candidates can click on a given area and immediately review their performance in relation to the mean score of other users. They also have the ability to selectively review questions only within specific system and content outline areas.

Study Stack
Our Study Stack feature allows candidates to tag specific questions that they would like to review at a later time. Candidates can easily add or remove questions from their Study Stack by simply clicking the bookmark icon. Review a created Study Stack in its entirety or by System area. Customization of remedial activities is a great way to boost examination scores!
Jump Start your Academic Review!

Edition Guarantee!
We have always believed that sleep is overrated! As soon as we release a new edition of PTEXAM: The Complete Study Guide, we immediately get to work on creating the next edition. Our eLearning site Insight includes an Edition Guarantee which delivers periodic updates to existing users of the current edition.

Basecamp - Start Climbing!
We created an innovative learning tool, Basecamp, that provides students with an incredibly efficient complementary product to review academic content within PTEXAM: The Complete Study Guide. The content is organized in five distinct Mountains (Musculoskeletal, Neuromuscular, Cardiopulmonary, Other Systems, and Non-Systems) and 140 Trails. Each trail has dedicated assignments, videos, and exams. Collectively, Basecamp includes 5,000 content-driven questions. A $25 off coupon for Basecamp is included within Insight.
Class Orders and Volume Discounts

Take advantage of the opportunity to secure the most comprehensive review book available for the NPTE-PT at savings of up to 25%. In addition, class orders include free shipping and handling within the continental United States.

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If you are a student interested in placing a group order, you can download an order form on our website on the Special Offers page.