

# BASECAMP - LIFETIME PT OVERVIEW

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# INTRODUCING Basecamp - Lifetime

Basecamp takes students on a daily journey through five Mountains (Musculoskeletal, Neuromuscular, Cardiopulmonary, Other Systems, Non-Systems) and 140 Trails (e.g., Special Tests, Cardiac - Pathology, Motor Learning, Research Concepts). Basecamp collectively includes hundreds of academic assignments, 50 hours of videos, and 6,000 multiple-choice questions. Students purchasing Basecamp - Lifetime receive unlimited access FOREVER to this innovative program.



## Mountain: Musculoskeletal

Summit Elevation: 29,000 feet

Peaks: 5

Trails: 25

Days To Summit: 73 / 87



▼ <b>Katahdin</b>	66.7% complete
<input checked="" type="checkbox"/> Amputations and Prosthetics	
<input type="checkbox"/> Anatomy - Musculoskeletal	
<input type="checkbox"/> Arthrokinematics - Osteokinematics	
<input type="checkbox"/> Body Composition	
<input type="checkbox"/> Capsular Patterns	
▶ Cadillac	33.3% complete
▶ Washington	38.9% complete

218 Days Remaining  
Add Extension

**STATUS**

MUSCULOSKELETAL

Peaks: 1 2 3 4 5

Progress Report

MUSCULOSKELETAL

Peaks: 1 2 3 4 5

NEUROMUSCULAR

Peaks: 1 2 3 4

CARDIOPULMONARY

Peaks: 1 2 3 4 5

OTHER SYSTEMS

Peaks: 1 2 3 4 5 6

NON-SYSTEMS

Peaks: 1 2 3 4 5

## BASECAMP WILL QUICKLY BECOME YOUR STUDENTS' MOST COMMONLY USED ACADEMIC RESOURCE!



### Integrate Basecamp into Your Curriculum

Faculty have the ability to integrate **Basecamp** activities into their daily teaching. The program offers tremendous value since unlike traditional textbooks which often address a single system area, the program covers academic content in 5 Mountains and 140 Trails.



### Consider the following examples:

- Assign specific **Basecamp** Mountains and Trails to coincide with your students' current academic coursework.
- Utilize assignments, videos, and exams to increase your students' retention of critical academic content.
- Provide students with a fun and engaging opportunity to reinforce classroom instruction.
- Utilize customizable calendars to direct student activity and plan future study sessions.
- Track student progress using Scorecard features that summarize performance in specific Mountains and Trails.

**Basecamp** is designed to fully engage today's students utilizing a variety of forms of media and the latest in eLearning technology. The program is fully accessible on computers, tablets, and mobile devices. Scorebuilders is committed to continuous innovation and assisting your students to achieve their educational goals.

# Mountain: Musculoskeletal

## Trail: Range of Motion



Assignment



Video



Exam

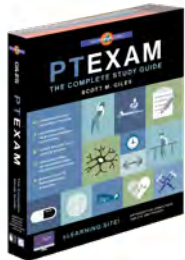


### Assignment

Get on your hiking boots and start climbing!

When you have completed each assignment satisfactorily...[Click when done!](#)

Currently referencing PT Study Guide 2022



[Average Adult Range of Motion Values p. 90](#) *Done!*

[Goniometric Measurement Process p. 91](#) *Done!*

[Upper Extremity Goniometric Technique p. 91-94](#) *Click when done!*

[Lower Extremity Goniometric Technique p. 94-96](#) *Click when done!*

[Spine Goniometric Technique p. 96-98](#) *Click when done!*

[Goniometric Documentation p. 98](#) *Click when done!*

Watch the video to learn S'more!

Range of Motion - Upper



### Additional Resources:

Norkin C, White D. Measurement of Joint Motion: A Guide to Goniometry. Fifth Edition. F.A. Davis Company. 2016.

## Assignments

Assignments from our best-selling review book **PTEXAM: The Complete Study Guide** allow students to move through academic content in an orderly and predictable fashion based on the relative weighting of each Mountain on the NPTE-PT. An internal tracking system assists students to stay focused and make meaningful daily progress.

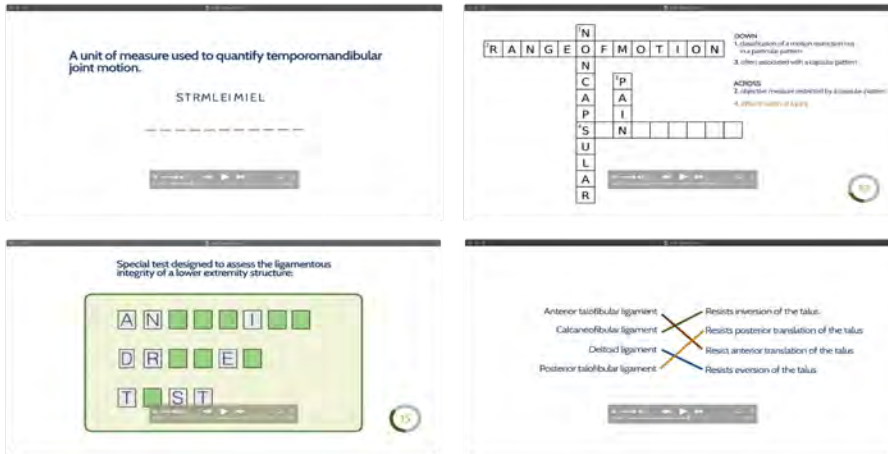
Do I need access to any other Scorebuilders' products to utilize Basecamp?



No journey worth taking was ever made alone. To get the most out of your Basecamp experience we highly recommend using it in unison with our review book, PTEXAM: The Complete Study Guide. Basecamp utilizes assignments from the review book which allow you to move through academic content in an orderly and predictable fashion.



Video



## Videos

Video assessments allow students to engage in meaningful self-assessment related to essential academic content in each Trail. The videos utilize a variety of testing instruments and games designed to provide students with valuable information related to their current competence in each academic area. The videos are imaginative and carefully constructed to ensure that students have fun while engaging in serious academic content review and assessment.



Exam

## Examinations

After completing the assignment and video assessments for each Trail, students have the opportunity to demonstrate their academic knowledge by completing a multiple-choice final examination. Students receive immediate feedback on their examination performance and are presented with explanations for each correct answer. The examinations include 2,000 content driven multiple-choice questions.

### Trail: Gait

Question 3 of 25

Which of the following would not be considered a temporal variable of gait?

- cadence
- cycle time
- step length
- step duration

**Correct Answer:** step length

Commonly used temporal variables of gait include stance time, single limb and double limb support time, cadence, cycle time, step duration, and velocity.

## Interactive Calendars

The interactive calendar in **Basecamp** allows students to track their individual journey. Students can monitor the amount of time spent in each Mountain and make necessary adjustments based on obtained performance analysis data. We understand the chaotic life of a physical therapy student and will assist them to stay on the path to success.

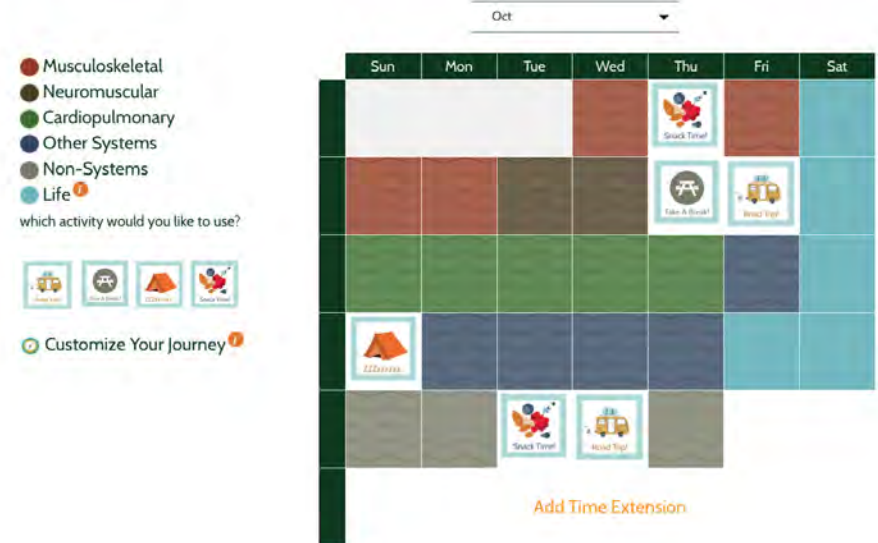
### Mountain Progress Page 1 of 4



**Musculoskeletal: 43.8% Complete**

Katahdin 66.7% Complete	% Complete*	Exam Completion Date**
Amputations and Prosthetics	100.0%	Oct 08, 2017
Anatomy - Musculoskeletal	66.7%	Oct 08, 2017
Arthrokinematics - Osteokinematics	66.7%	Oct 06, 2017
Body Composition	33.3%	N/A
Capsular Patterns	66.7%	Sep 08, 2017

## My Journey



## Track Your Progress

**Basecamp** has a variety of features to ensure that students cover the most essential academic information. Monitor progress in each of the five Mountains and 140 Trails. Mastery of core academic content allows students to progress to higher level decision making and analysis skills required to be successful in the academic program and in clinical practice.

## Assess, Assess, Assess

An advanced scorecard section allows students to monitor their performance in each of the Mountains and associated Trails. By identifying areas of strength and weakness, students are able to develop appropriate remedial plans and enhance core academic content knowledge.



### King of the Mountain

After students travel over each of the Trails associated with a given Mountain, they have the ability to answer questions from the collective Trails. A student's quest begins by answering a single question and does not end until they answer a question incorrectly. Students are assigned a Level based on the number of questions answered consecutively.

### Scorecard - Summary



### Climb

The NPTE-PT requires candidates to demonstrate strong decision-making skills when answering challenging multiple-choice questions. However, a prerequisite to strong decision-making skills is a solid command of core academic content. Climb includes a statement followed by two possible options. Students attempt to select the correct option within a 12 second timeframe.

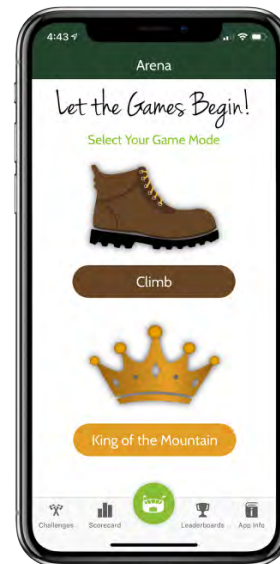
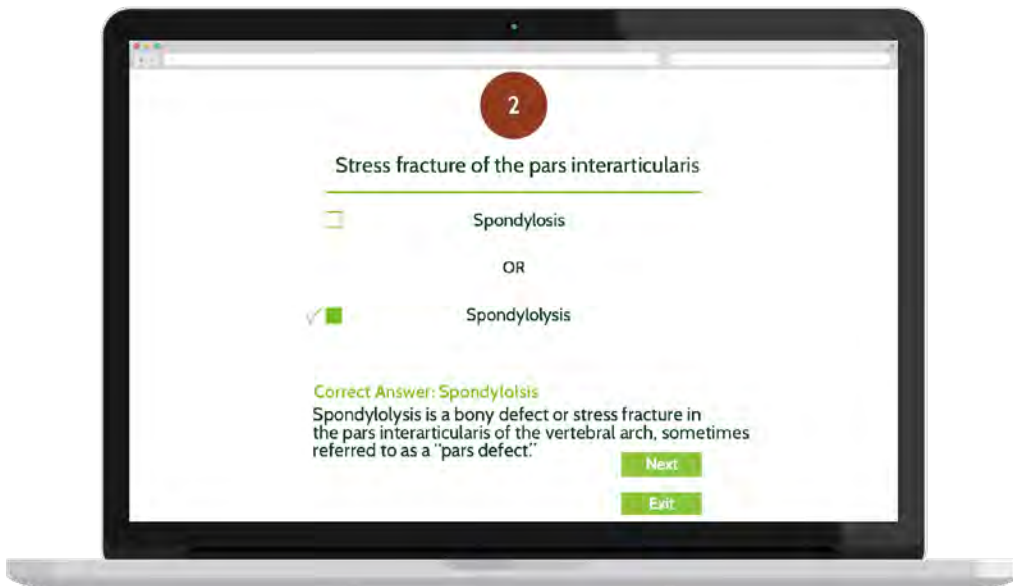
# Introducing...

## Basecamp Arena and the Arena App

Our newest **Basecamp** feature allows students to challenge one another in real time. Play **Climb** and **King of the Mountain** in "Solo" or "Challenge" mode.

Students can explore their performance data using the Arena - Scorecard. This feature adds a competitive aspect to studying and engages students as they learn.

All active Basecamp users also have FREE access to our **Arena app**. This app allows students to play Climb and King of the Mountain, anytime and anywhere! Download today on the Apple App and Google Play Stores!





# Ordering Basecamp - Lifetime

The program can be purchased individually by students or by the academic program.  
**Basecamp - Lifetime** requires each student to possess an individual access code.

*Order Today and Start Climbing!*

Price: \$130.00 per student access code.

Access begins when the program is first utilized and not at the time of purchase.

Discounts of up to 25% are available on group orders based on the number of access codes purchased.

Price: Basecamp - Lifetime \$130.00

10-19	Save 10%	(\$13.00)	=	\$117.00
20+	Save 25%	(\$32.50)	=	\$97.50

RECEIVE FREE BASECAMP ACCESS!



Attend our On-Campus or Webinar Review Course and receive **BASECAMP - Standard** (30 day) access!



Purchase our eLearning review course ACE and receive 120 days of **BASECAMP** access!



## Test Drive Basecamp!

If you are faculty member and would like to consider adopting Basecamp - Lifetime in your curriculum, send us an email at [info@scorebuilders.com](mailto:info@scorebuilders.com) or contact us by phone (207)885-0304 and we will provide you with a free access code.

Watch our Basecamp - Lifetime video to better understand how this powerful academic resource can assist your students to achieve their academic goals.

<https://scorebuilders.com/products/pt-basecamp-lifetime>

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